Homefront 911: How Veterans' Families Are Wounded By Our Wars

HOW FAMILIES OF VETERANS ARE WOUNDED BY OUR WARS

STACY BANNERMAN

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The hallmarks of America’s War on Terror have been repeated long deployments and a high percentage of troops returning with psychological problems. Family members of combat veterans are at a higher risk of potentially lethal domestic violence than almost any other demographic; it’s estimated that one in four children of active-duty service members has symptoms of depression; and nearly one million veterans of Iraq and Afghanistan require increased care due to physical or psychological trauma. But, despite these staggering trends, civilian America has not been mobilized to take care of the families left behind; the American home front, which traditionally has been rallied to support the nation’s war efforts, has disappeared. In Homefront 911 Stacy Bannerman, a nationally recognized advocate for military families, provides an insider’s view of how more than a decade of war has contributed to the emerging crisis we are experiencing in today’s military and veteran families as they battle with overwhelmed VA offices, a public they feel doesn’t understand their sacrifices, and a nation that still isn't fully prepared to help those who have given so much. Bannerman, whose husband served in Iraq, describes how extended deployments cause cumulative, long-lasting strain on families who may not see their parent, child, or spouse for months on end. She goes on to share the tools she and others have found to begin to heal their families and advocates policies for advancing programs, services, and civilian support, all to help repair the broken agreement that the nation will care for its returning soldiers and their families.
Today I finished Homefront 911 and I am mostly speechless. Reading this book was like sitting down and talking with a friend who understood me on a level no one ever had. It was then that I realized that I have actually never had a military wife that I have shared stories with, who knew what I meant when I used certain words, or really understood how I could have secondary PTSD. I think that is why this book was so life changing for me. It was like for the first time I was no longer invisible I had a face, a name, and I mattered. I took this book with me to my therapist office and she had never heard of it but agreed that military wives are often forgotten and ignored by the VA yet we are the ones who do all the heavy lifting. We are the battle buddy no one talks about and no one honors and we are the ones who are expected to remain silently at the ready but are also expected to remain silent no matter the cost. She ordered her own copy to read after seeing how it affected me. Again, PLEASE from the bottom of my heart if you are a military girlfriend, wife, partner, mother, or the mother of someone who is one of those PLEASE buy or download this book. Stacy Bannerman has given a voice to the voiceless. She not only bravely tells her story she shares the stories of other brave women and brave children. Children of veterans who have PTSD have more struggles than I even realized. It isn’t about shaming or blaming, it is about loving. You say you, “Support The Troops.” PROVE IT! PUT YOUR MONEY WHERE YOUR MOUTH IS! Buy this book read it. Spend a few days of your life reading about the days in the life of our military families, when the war comes home.

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