What Is PTSD?
What is PTSD? was written from a child’s point of view. The book was designed to educate children about PTSD, how it effects their loved ones and to ensure them that it is not their fault.

Book Information

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Customer Reviews

Good book for any family with parents overseas in combat or have returned from combat. It helps try to explain on a child's level what their parent is going through if they have PTSD.

Excellent read with a great message.