Surgery: A Case Based Clinical Review
Synopsis

Surgery: A Case Based Clinical Review provides the reader with a comprehensive understanding of surgical diseases in one easy to use reference that combines multiple teaching formats. The book begins using a case based approach. The cases presented cover the diseases most commonly encountered on a surgical rotation. The cases are designed to provide the reader with the classic findings on history and physical examination. The case presentation is followed by a series of short questions and answers, designed to provide further understanding of the important aspects of the history, physical examination, differential diagnosis, diagnostic work-up and management, as well as questions that may arise on surgical rounds. Key figures and tables visually reinforce the important elements of the disease process. A brief algorithmic flow chart is provided so the reader can quickly understand the optimal management approach. Two additional special sections further strengthen the student’s comprehension. The first section covers areas of controversy in the diagnosis or management of each disease, and another section discusses pitfalls to avoid, where the inexperienced clinician might get in trouble. The text concludes with a series of multiple choice questions in a surgery shelf/USMLE format with robust explanations. Surgery: A Case Based Clinical Review is based on 20 years of Socratic medical student teaching by a nine-time Golden Apple teaching awardee from the UCLA School of Medicine and will be of great utility for medical students when they rotate on surgery, interns, physician assistant students, nursing students and nurse practitioner students.

Book Information

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Customer Reviews
Surgery was my first clerkship of the year. After hearing about how hard the shelf exam can be (and that most of it is Medicine), I felt that the famed Pestana book wouldn’t be enough. A friend mentioned this book, and I also found it referenced a few times on Student Doctor Network. I took the plunge. Very thankful I made that decision. This book contains the answer to almost every (reasonable) question you'll get pimped on during the clerkship and served as a phenomenal tool for preparation for the shelf. It’s a hefty book, so you’ll need to start early, but it’s worth it. I would try to read about a chapter a night (some days I would skip and make up for on the weekend). Don’t necessarily go in order. I would highly suggest reading chapters relevant to the cases you have the next day...you’ll look like a rockstar most of the time. By the end of the rotation, I read the book cover-to-cover once (doing all the questions in the back as well). The questions are hard, but get you into the mindset required for the shelf. A few days before the shelf, I read Pestana cover-to-cover for the first time and did all of the questions in that book as well. It should only take you about a day. Most of Pestana is contained in this book, so it’ll be a review. The day before the shelf exam, I reviewed the ‘summary of essentials’ page at the end of every chapter in this book. Somewhere along the way, I did about 90 of the UWorld Surgery questions. Didn’t even finish them. I also did both NBME practice exams, which I would suggest. They don’t offer answers, which is unfortunate, but you get to see the style of questions on the shelf...which can be helpful. You’ll be less surprised when you get curveballs on the real thing.

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