Synopsis

In this collection of inspirational essays, internationally known author Dr. Elisabeth Kübler-Ross draws on her in-depth research of more than 20,000 people who had near-death experiences, revealing the afterlife as a return to wholeness of spirit. With frank and compassionate advice for those dealing with terminal illness or the death of a loved one, ON LIFE AFTER DEATH offers a compelling message of hope to the living, so that they may grow stronger from tragedy and live life to the fullest. The classic collection of essays on death, dying, and the afterlife, by Dr. Elisabeth Kübler-Ross. Features a new foreword by Caroline Myss. Previous edition sold more than 200,000 copies. Reviews "I am so grateful that I was given the opportunity to review such ground-breaking material on death and dying. This 85 page gem has made a huge difference in my life. This world renowned author will always be remembered for her clear and accurate account of the 5 stage dying process, and the impact her work has had will echo through the corridors of time. There are many excellent books out on the subject of near death experiences, and life after death experiences, but I had always been curious as I got older what the process of shedding my body suit was all about. Just about the time I thought I would even start looking for a book on the topic I would get a funny feeling in the pit of my stomach and decide maybe it wasn’t a good idea after all. I would recommend this gentle honest helper to anyone who has a true desire to learn the many facet of such a natural part of life." -Riki Frahmman

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Customer Reviews

On Life After Death
Elizabeth Kubler Ross, M.D. Author of On Death and Dying with a Forward by
Caroline Myss
"I consider her one of the heroines of our age." Caroline Myss

The book is based on the author's study of over twenty thousand people who have had a near death experience. Ross, of course, did the pioneering work on the five stages of dying that has influenced the lives of countless people as they face the grieving process... Selected Quotes form the book (a series of lectures):

"The opinion which other people have of you is their problem, not yours." In order to quiet the skeptics we did a scientific experiment with blind people. Those who had an out of body experience and came back... can tell you in detail what the color of the jewelry you were wearing if you were present... the color and pattern of your sweater or your tie and so on... "...dying is only a transition to a different form of life."

"God is unconditional love." All the hardships you face in life... If only you would realize that nothing comes to you in life as a negative. All the trials and tribulations... are gifts to you. ... It's like somebody has to temper the iron. It's an opportunity that you are given to grow. This is the sole purpose of your existence on planet earth. You will not grow if you sit in a beautiful flower garden and somebody brings you gorgeous food on a silver platter. But you will grow if you are sick, if you are in pain, if you experiences losses and if you do not put your head in the sand but take the pain and learn to accept it is not a curse or a punishment, but as a gift to you as a very very special specific purpose.

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