Principles of Athletic Training: A Competency-Based Approach is designed to be used by athletic trainers in courses concerned with the scientific, evidence-based and clinical foundations of athletic training and sports medicine. The text leads the student from general foundations to specific concepts relative to injury prevention, evaluation, management, and rehabilitation. As the student progresses from beginning to end, he or she will understand the complexities of the profession of athletic training. An over-arching goal of the text is to make certain that each and every one of the educational competencies identified by the Education Council is specifically covered. After using this text the student should be able to apply the appropriate techniques and concepts in the day-to-day performance of his or her job as an athletic trainer.

**Book Information**

File Size: 73751 KB  
Print Length: 976 pages  
Publisher: Humanities & Social Sciences; 15 edition (January 1, 2013)  
Publication Date: January 1, 2013  
Sold by: Digital Services LLC  
Language: English  
ASIN: B00DC6XEN4  
Text-to-Speech: Not enabled  
X-Ray for Textbooks: Enabled  
Word Wise: Not Enabled  
Lending: Not Enabled  
Enhanced Typesetting: Not Enabled  
Best Sellers Rank: #252,750 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #42 in Kindle Store > Kindle eBooks > Medical eBooks > Specialties > Sports Medicine #272 in Books > Medical Books > Medicine > Sports Medicine #319 in Kindle Store > Kindle eBooks > Nonfiction > Sports > Training

**Customer Reviews**

An absolute must for any A.T.s out there. Everyone should have a copy in their library. New techniques that are supported by new science and legislation this book is an up to date manual for the athletic trainer.
This is possibly my favorite text book and I've never been happy about a text book for college in my life. Usually they get shoved in the back of my closet after my class is over. This is a part of my normal book shelf and my go to for medical reading. I have learned a lot in this book along with my class. If you need this book for a class it's a good text book, but if you just want to have a text book of injuries, such as sprang's, torn ligaments, wraps, and my favorite, medical taping for these injuries this is a very informative book to have.

Great book to learn how to work with athletes who are recovering from injury or who had a recent injury. This book has step by step information when talking to a patient or athlete. Each chapter covers a different joint (GH, elbow/wrist, hip, knee, ankle.....) AWESOME book for gym owners to help out their athletes.

Great book I am sure.....They need to tell you it does NOT come with the connect card. That way i would have just purchased a used book and bought the connect online via the connect site, instead of buying a BRAND NEW book and still having to buy connect separate.

My favorite thing about this book is how much information is crammed into every page. Small type and a dump load of words. Perfect for people who plan to resent their athletic training class by the middle of the semester.Not a complete disaster of a textbook, I’m sure there are worse. But good luck if it’s a required textbook. I’d invest in some tear drops- you're gonna be crying really late at night.

I bought this book for my functional anatomy class. Even though I don't read the entire chapter, the parts I do read are very thorough and detailed. It can be hard to get through at times, but the tables for origin, insertion, and action are very helpful.

It was totally misleading. I thought I was buying the American edition only to receive the book and find out I’d gotten the international edition. Extremely disappointing, especially since the American edition was about $100 more expensive.

Perhaps it has been improved in the 15th edition but I have found so many spelling errors and I just feel that they stay too much on the surface instead of actually explaining the topics in detail. Maybe it's supposed to be that way...